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## What's New

**Expert: Ladies should treat latest make-up shades like food**

Ladies with the latest make-up shades should treat their products like food and check for the expiration date.

Many make-up users do not remember that the products all have a use-by date after which they can lead to bacteria and cause damage, Dr. David Schlessinger, a ophthalmologist and medical director of Schlessinger Eye and Face, tells Marie Claire.

"Like food, makeup has an expiration date, and over time cosmetics can harbour harmful bacteria that can lead to infections," he adds.

When buying the latest make-up shades users should note that powders and shadows last for around two years, while foundation and lipstick only lasts for a year.

Mascara and eyeliner only lasts for three months, so users should change the items regularly.

Dr Schlessinger tells the magazine that people should smell the products if they are not sure, as an unusual odour means they are probably not suitable to be used.

He also suggests the latest make-up shades are kept out of the sunlight and in a sealed container, to retain the preservatives in them.



Laura Terry, writing for FemaleFirst, recently advised ladies to spring clean out their old make-up items and invest in a new bag. © Copyright